



# Living Free Ministries

"Jesus said to those who believed in Him,  
'If you continue in my Word and hold fast to my teachings, you are my disciples indeed,  
and you shall know the truth and the truth shall set you free'."

John 8:31-32

## Winter 2014

### *Greetings Kingdom Partners, Friends and Family*

I greet you from chilly, beautiful, Colorado! It's absolutely gorgeous here with the snow-capped mountains, and the Bethel bunnies trying to find food amidst the foot of snow we just received in the past couple days! God is so good, and we continue to see His goodness manifest everyday here at LFM. Since our Fall newsletter, much has happened.... We did a Healing Encounter in Baton Rouge, Louisiana in early November, and took 11 team members with us! We were so honored and blessed by the southern hospitality that we received by all those in that community! What a treasure to bring the love, truth and healing power of Jesus to our new-found friends in Baton Rouge. They truly "encountered Jesus the Healer"!!

We had an Emotional Healing Encounter here on December 7, for those who were in bondage to emotional wounds. Many people came and received their miracle from the Healer, Jesus! It's the truth that we each come to know about His extravagant love and grace that empowers people to be made free and live free! (John 8:32). Legacy, our young adult ministry coordinated the Christmas Service on December 9, and many people attended as we celebrated the Savior's birth. Our young adults did an amazing job of sharing the light of Christ through their gifts of worship, dance, carols, teaching, and healing. Thanks Legacy for bringing the light of the Savior alive to all of us this Christmas season! We continue to see healings and miracles in-house and outside of Bethel as we minister to those who come, and as we "go out" to those the Lord sends us to. There is no distance in His Word, and the Lord is the Spirit, and where the Spirit of the Lord is, there is liberty." (2 Cor. 3:17).

Our Healing Class finished with their 12th class on January 9th, and many of the students shared testimonies of how God has healed them, revealed truth to them, and set them free. You will read some of their amazing testimonies of God's goodness in this newsletter. Donna Randall, one of our students, has an incredible story (insert) about God's healing in her life! You will be encouraged by reading about her story of God's miracle healing in her life! Is it not true that the value of something is measured by what someone is willing to pay? I guess that tells you how valuable you are to God, that His Son, Jesus, would give His life for your freedom in every area of your life. KNOW that YOU are truly WORTHY!

Thank You again for your partnership with LFM. In whatever way you have supported our ministry, know that we are eternally grateful for you and pray for you. I believe there is no greater work in life, than to Know Jesus and serve Him and His people!

In His love, grace and service,

*Terri Parzybok*

Director of Living Free Ministries



### IMPORTANT DATES

Worship at Bethel **Feb 26th @ 7:00pm**

Healing Encounter on  
**Mar 7th - 8th [Denver]**

The Authority of the Believer class begins  
**Mar 13th** & runs through **May 15th**

### OTHER EVENTS?

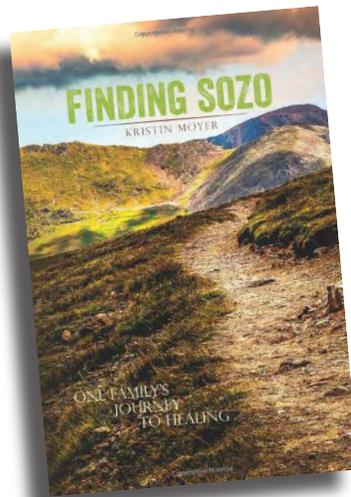
Visit the **EVENTS** tab on our website to find out what Living Free Ministries is up to! or flip to the back of this newsletter!

[www.livingfreehealingministries.com](http://www.livingfreehealingministries.com)

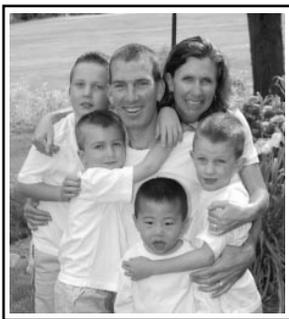
LFM Featured in a New Book!

# FINDING SOZO

by Kristin Moyer



Greg, Kristin and their four sons came to Living Free for the first time nearly 7 years ago. Their lives were shattered from an adopted son who had autism, mental retardation and a rage disorder that nearly tore their family apart. At the same time, another son was going deaf and yet another had a stroke that resulted in the left side of his body having partial mobility. They went to dozens of doctors, but none could find ways to treat these severe conditions. When they came to Living Free, they told us God was their last hope.



Signed copies of Finding Sozo are now available at Living Free's book table. You can also find the book online at Amazon.com (paperback or Kindle). For more information about "Finding Sozo" and Kristin's journey you can go to her website at [www.kristinmoyer.com](http://www.kristinmoyer.com). Kristin is a LFM team leader and teacher.

## DONATE ONLINE

LFM is staffed by volunteers and is a non-profit ministry. All general donations are tax deductible. You can mail in donations or you can donate online through the weekly email updates or you can go to our website under the "About LFM" tab.

## WEEKLY EMAILS

Remember to open the weekly email & download the weekly teaching of the Word outlines from the most recent mini class. The Website also has a variety of teaching outlines that can be accessed.....just click on "Teaching Articles" If you are not on our weekly email distribution and would like to be, email [nancy@livingfreeministries.com](mailto:nancy@livingfreeministries.com).

## NEW WEBSITE

LFM's website is being redesigned! Keep an eye out for upcoming dates of Healing Encounters, Special Classes & Seminars at Bethel! Click on the SHOP tab to purchase our training manuals and Kristin Moyer's book "Finding Sozo" [www.livingfreehealingministries.com](http://www.livingfreehealingministries.com)

## the Teacher's Corner

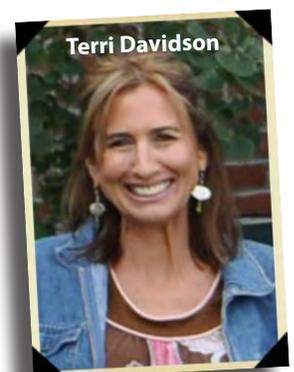
### Declaring God's Word Teaching by Terri Davidson - LFM Team Member

Declaring God's Word and truth will set you free to live a victorious life! For many years as a Christian, I struggled with negative thoughts about myself and circumstances that would come up that were difficult in my life. I would pray and have faith that God was hearing my prayers and most times they were answered. But the thoughts would still come back and I would fall into the old mindsets again. Recently, I read Steve Backlund's book on "Victorious Mindsets." After reading through this book, it encouraged me to start making declarations of His Word and truth over my life and circumstances. Many of us are not living the victorious life Christ died for us to have. The Lord wants us to start using the authority He has given us as kings and priests to change our lives, circumstances and the world around us.

Speaking God's Word of truth "intentionally" into our lives and circumstances renews and transforms our minds and the Holy Spirit will produce the answer into our lives! God "spoke" creation into being... "Let there be light", and the Spirit of God brought those words to reality... "Then there was light" (Gen. 1:1-3). Jesus spoke words of life into people, and they were healed, delivered, set free (Luke 4:18-21). We will have what we say (Mk. 11:23). Life is in the power of the tongue (Prov.18:21). As we speak God's words of life, the Holy Spirit in us, brings those words to life (Heb. 11:3). When we declare the truth of what God's Word says, we connect with Holy Spirit to bring forth those things from Heaven to Earth.

As I began to daily declare God's word as part of my daily devotional, things began to shift in my life. My mindset shifted to a positive mindset and I experienced breakthrough! The focus is off my negative circumstances and onto God and what He says. Some declarations that have helped me may help you too!

1. My prayers are powerful & effective (2 Corin 5:21, James 5:16b)
2. God richly supplies all my needs (Phil 4:19)
3. I walk in ever-increasing health (Isaiah 53:3-5, Psalm 103: 1-5)
4. I live under supernatural protection (Psalm 91, Heb 8:6)
5. I prosper in all relationships (Luke 2:52)
6. I am anointed with God's love, healing, and every spiritual blessing to lead other people into God encounters!



# What's **NEW** at Living Free Ministries?

Legacy had the honor of hosting

## The 2014 LFM Christmas Service!

The theme of the service this year was Celebrating the Savior - The Light of the World! LFM intern and Legacy Core Leader Nick Barta delivered a beautiful message, the cardboard testimonies were powerful illustrations of God's goodness and the candle lighting celebration was complete with prophetic words! It was a great success!



# LEGACY



by Kevin Dedmon Ministries

- building up modern-day revivalists, world-changers, & history-makers
- to equip, empower and activate Kingdom revival lifestyles
- learn to live naturally supernatural

## HEALING ENCOUNTER

*Encounter Jesus as Healer!* **MARCH 7th - 8th 2014**

Ramada Plaza Denver Central Hotel  
4849 Bannock St. Denver, CO 80216

Friday Night - 6:00pm to 9:00pm  
Saturday - 8:30am to 5:30pm

Three full sessions of learning how to live free in Christ, on earth as it is in heaven. This encounter is designed to introduce Jesus Christ as Healer. We believe and know to be true, that when you know the truth...it will make you free. If you are sick, diseased, terminally ill, brokenhearted, downcast, struggling with addictions, or oppressed...or are just interested in learning more about healing, we invite you to come and receive teaching/prayer about Jesus Christ as your Healer, Deliverer, and Life-giver. The cost of the encounter only requires an open heart to receive all that Jesus has already done for you. A teaching packet with an outline of the teachings are provided.

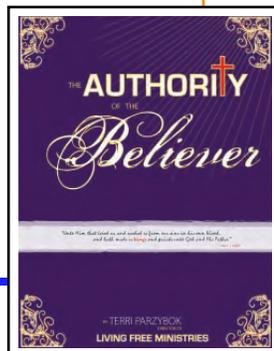
For brochure or registration form  
visit our website

[www.livingfreehealingministries.com](http://www.livingfreehealingministries.com)  
click on "Events"

email Nancy

[nancy@livingfreeministries.com](mailto:nancy@livingfreeministries.com)

call 303.421.6865 x1.



**AUTHORITY OF THE BELIEVER** - The Authority of the Believer Class (one of LFM's foundational classes) will begin on Thursday evenings, March 13th and run thru May 15th. Come learn about the authority that has been delegated to ALL believers by Jesus Christ here on earth! Come learn the true nature of God - a good God, who is not angry, who has NOT brought evil, sickness, and tragedy into your life but is a God and Father who loves His children. Come learn how you are living under the New Covenant of Love, not under the Old Covenant of Laws. Come learn your true identity in Christ and learn who you really are as a child of God. Come learn that what God did through His Son... destroying ALL the works of the enemy so that you could live in victory, abundance, and peace. Come learn what the true biblical meaning of salvation is... **"all inclusive."** Come learn the importance of what the Bible says about spirit, soul and body.

**SIGN UP** registrations are now being taken and space is limited. For more information or to register please email [nancy@livingfreeministries.com](mailto:nancy@livingfreeministries.com)

**COST** Individuals: \$60 includes 10 weeks of class & training manual  
Couples: \$100 includes 2 training manuals & 10 weeks of classroom  
OR Couples: \$80 includes 1 training manual & 10 weeks of classroom  
\*Scholarships are available upon request\*

# HEALED after 18 Years of Illness!

My story begins in 1993 when my husband and I left for the mission field. We were part of a small church planting team in Central Asia, living in a small city with no known Christian believers at the time. Our plan and desire was to live there long term. After 16 months of living overseas, I suddenly became very ill. It started with a numb little toe and very quickly progressed to a body wide, neurological nightmare. I could not sleep for days at a time, had numbness, pain, visual issues, weakness, anxiety and a massive number of food allergies. Over the next several years I would be “labeled” with MS, Chronic Fatigue Syndrome, Fibromyalgia, multiple food and chemical sensitivities, Immune Deficiency and on and on. None of it was ever an official diagnosis. The bottom line was, nobody knew what was wrong with me. My symptoms pointed to all of the above conditions but test results, scans and blood work were almost always normal.

For the next 18 years, I battled this mystery illness. It ebbed and flowed and there were seasons of improvement, followed by seasons of greater illness. We spent tens of thousands of dollars trying to find out what this illness was. Many of my symptoms were improved by diet; so one by one, I removed foods from my diet, only to find that I could never add them back. In November of 2012, I hit my lowest point. I was down to about 12 foods that my body could tolerate. I struggled daily with pain, neurological symptoms and extreme fatigue. I could only eat food I had prepared myself. I could not eat out, eat at anyone’s house, or go to any social activity that required me to eat while I was there. It was so isolating. Later that year, I somehow contracted mono and spent a large part of that year doing very little more than lying on my couch. I knew my health was deteriorating fast and I desperately needed God to intervene.

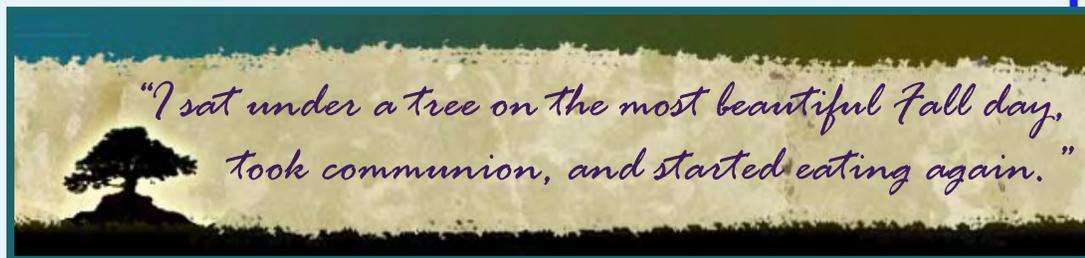
I came to the Healing Class this fall (2013) at Living Free Ministries (LFM). I have always believed in healing and have prayed for others to be healed. However, over the course of time I had taken on two huge lies of the enemy. First, I believed I had somehow done this to myself. Symptoms would flare every time I took one bite of food that I was “reacting” to (which was truly almost everything). I would berate myself that I was sick because of my lack of self-control and inability to maintain this impossible diet forever. Therefore, I got what I deserved. Secondly, I believed this illness was somehow a badge of honor. I had sacrificed myself for the sake of the Kingdom on the mission field and now I was sort of a war hero. Agreeing with the enemy in these two areas kept me sick for a very long time.

The very first healing class changed my life. As Terri and the team taught the truth about healing, the Spirit started to do a



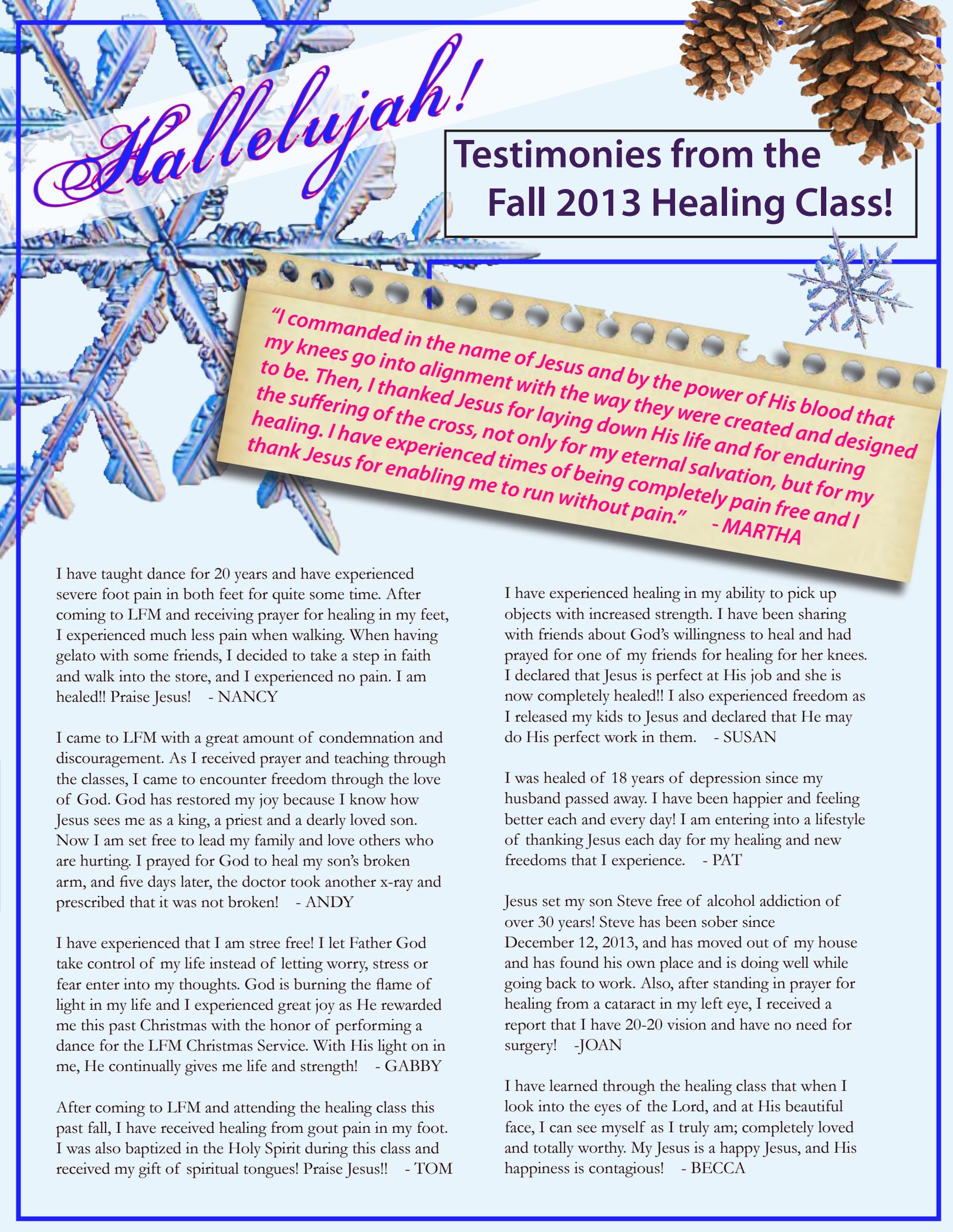
miraculous work in my heart. At the end of the first class they read scripture over us about healing. They spent about 20 minutes just reading the Word over us, and somewhere in the process it was like scales fell from my eyes. All of a sudden I KNEW that God wanted me well and that I did not have to live like this anymore. I suddenly knew that all of this stuff I had believed was not true and that He still had so much more for my life. I truly believe I was healed at that very moment, by the Word of God alone.

The next Wednesday I came for a ministry appointment. It was a truly supernatural time in which the Lord brought me even greater truth and freedom. At the end of the ministry time, the LFM team members laid hands on me and agreed with me for my physical healing. I left LFM that day and knew that like the paralytic in the Bible, I needed to take up my mat. I drove from LFM to Whole Foods where I purchased bread (I had been gluten free for 7 years), juice and a bunch of foods I could not previously eat. I took my food and my Bible and went to a park. I sat under a tree on the most beautiful Fall day, took communion, and started eating again. I have been eating ever since.



My healing has been both instant and gradual. The mono symptoms, the most severe neurological symptoms and fatigue symptoms left immediately and have not returned. Some of the others went away over a matter of weeks, and some are still decreasing over time. God was gracious to allow me to experience both the miraculous and the “process.” The miraculous is breath-taking, but the process is transforming.

I am more grateful to Jesus and to LFM than I could ever say. The truth really does make you free. I am so excited to see what God has next for my family. The nations still burn in our hearts and we look forward to hopefully one day soon, visiting our little Central Asian city again and to see with our eyes the many, many believers that now worship Jesus there. May He receive ALL the Glory!



# Hallelujah!

## Testimonies from the Fall 2013 Healing Class!

*"I commanded in the name of Jesus and by the power of His blood that my knees go into alignment with the way they were created and designed to be. Then, I thanked Jesus for laying down His life and for enduring the suffering of the cross, not only for my eternal salvation, but for my healing. I have experienced times of being completely pain free and I thank Jesus for enabling me to run without pain."* - MARTHA

I have taught dance for 20 years and have experienced severe foot pain in both feet for quite some time. After coming to LFM and receiving prayer for healing in my feet, I experienced much less pain when walking. When having gelato with some friends, I decided to take a step in faith and walk into the store, and I experienced no pain. I am healed!! Praise Jesus! - NANCY

I came to LFM with a great amount of condemnation and discouragement. As I received prayer and teaching through the classes, I came to encounter freedom through the love of God. God has restored my joy because I know how Jesus sees me as a king, a priest and a dearly loved son. Now I am set free to lead my family and love others who are hurting, I prayed for God to heal my son's broken arm, and five days later, the doctor took another x-ray and prescribed that it was not broken! - ANDY

I have experienced that I am stree free! I let Father God take control of my life instead of letting worry, stress or fear enter into my thoughts. God is burning the flame of light in my life and I experienced great joy as He rewarded me this past Christmas with the honor of performing a dance for the LFM Christmas Service. With His light on in me, He continually gives me life and strength! - GABBY

After coming to LFM and attending the healing class this past fall, I have received healing from gout pain in my foot. I was also baptized in the Holy Spirit during this class and received my gift of spiritual tongues! Praise Jesus!! - TOM

I have experienced healing in my ability to pick up objects with increased strength. I have been sharing with friends about God's willingness to heal and had prayed for one of my friends for healing for her knees. I declared that Jesus is perfect at His job and she is now completely healed!! I also experienced freedom as I released my kids to Jesus and declared that He may do His perfect work in them. - SUSAN

I was healed of 18 years of depression since my husband passed away. I have been happier and feeling better each and every day! I am entering into a lifestyle of thanking Jesus each day for my healing and new freedoms that I experience. - PAT

Jesus set my son Steve free of alcohol addiction of over 30 years! Steve has been sober since December 12, 2013, and has moved out of my house and has found his own place and is doing well while going back to work. Also, after standing in prayer for healing from a cataract in my left eye, I received a report that I have 20-20 vision and have no need for surgery! -JOAN

I have learned through the healing class that when I look into the eyes of the Lord, and at His beautiful face, I can see myself as I truly am; completely loved and totally worthy. My Jesus is a happy Jesus, and His happiness is contagious! - BECCA



## Living Free Ministries Branches

### Legacy

#### Young Adult Ministry

Directors - Orly & Cindy Vigil  
Core Leaders - Nate & Nicole Barta  
Nick Barta & Michelle Hockett  
Alex Ranfranz & Gabby Hall  
Shannon Kirby | Hannab Gibson

### Hands Xtended

#### Nursing Home Ministry

Director - Sharon Keith

#### Board of Trustee's

Terri Parzybok - Director  
Craig Parzybok - Exe. VP & Treasurer  
Nancy Ranfranz - Secretary  
Orly Vigil  
Wally Zellmer

#### National Advisory Board

The Reverend Velda Schirhart - Associate Pastor  
of Whole Life Ministries Augusta, GA  
Pastor Tamara Buchan - Identity Retreats

### WEEKLY MINISTRY TIMES

*for teaching and prayer*

Monday Evenings from 7:00pm to 9:00pm  
Wednesday Mornings from 11:00am to 1:00pm

If you would like an Individual Ministry Time  
please contact us at **303.421.6865 ext 1**  
or [nancy@livingfreeministries.com](mailto:nancy@livingfreeministries.com)

## IMPORTANT DATES & UPCOMING EVENTS

### MARK YOUR CALENDARS

*please JOIN us!*

**FEB 26<sup>th</sup> & MAR 26<sup>th</sup>** Worship Service at Bethel 7pm - 9pm  
(Wednesday Nights)

**MARCH 7<sup>th</sup> - 8<sup>th</sup>** Encounter Jesus as Healer (see pg 3)

**MAR 13<sup>th</sup> - MAY 15<sup>th</sup>** The Authority of the Believer Class

**APRIL 5<sup>th</sup>** Reclaim the True You Workshop  
with Pastor Tamara Buchan

For more information on these dates, please log onto our website or pick up a flyer while up at Bethel. If you have questions you can always call the ministry line at 303-421-6865 ext. 1 or email [nancy@livingfreeministries.com](mailto:nancy@livingfreeministries.com).

#### Kingdom Partners

Whole Life Ministries - Augusta, GA  
*LFM is under the covering of Whole Life Ministries & Pastor Sandra Kennedy.*  
Harvest Gospel Ministries - Moscow, Russia  
City on the Hill - Boulder, CO  
Denver House of Prayer - Lakewood, CO  
Faith Bible Chapel South - Sheridan, CO  
The Dwelling Place - Golden, CO  
Global Legacy Network, Bethel Church - Redding, CA



a Sanctuary of Love & Healing



303.421.6865 ext 1  
16385 W Bayaud Drive | Golden, CO 80401  
[nancy@livingfreeministries.com](mailto:nancy@livingfreeministries.com)

## Living Free Ministries

[www.livingfreehealingministries.com](http://www.livingfreehealingministries.com)

### our vision

To know, experience and share the love, truth and healing power of Jesus Christ to the world.

Living Free Ministries is a 501(c)3  
tax exempt and non-profit ministry.  
All general donations are tax deductible.